



COMPLETE HOCKEY
JUST DEFENSEMEN 2009 CLINIC
JULY 20-24, 2009, EDGE ICE ARENA

The clinic will be operated by Coach Larry Pedrie and will focus on many aspects relevant to playing the defense position in hockey.

SKILLS

Forward and backward skating agility
Foot quickness
Passing

Shooting
Puckhandling.

CONCEPTS

Proper positioning when defending 1 on 1s, 2 on 1s, 3 on 1s, 2 on 2s, 3 on 2s.
Proper offensive zone pinching techniques
Neutral zone transitions from defense to offense
Proper Gap Control on defensive rushes
Play below the defensive hashmarks

Why this clinic?

All defensemen at the youth level need to improve at some if not all of these areas. It's likely the player has not received adequate instruction in most aspects of playing defense in the past. The many skills and positioning concepts are what defense such a unique, difficult, challenging, and fun position to play.

Eligibility

This camp is recommended for the travel player. It is necessary for the player to have a solid base of skills to build on in order to be able to execute the many drills to be used. **This clinic is not for the introductory or house/recreational player.**

The clinic is open to mite, squirt, pee wee and bantam players. All players will grouped/matched with players of similar age/size/experience/skill levels.

Dates/Times

July 20	6:00-7:15PM
July 21	6:05-7:05PM
July 22	7:00-8:15PM
July 24	7:20-8:35PM

Cost \$150



JUST DEFENSEMEN APPLICATION FORM

Name _____

Address _____

City _____ St _____ Zip _____

Email address _____

Phone 1 _____ Phone 2 _____

Date of Birth _____ HT _____ WT _____

2008-2009 Team and Level (AAA, CSDHL, Gold, etc) _____

Payment Info: Please make checks payable to Complete Hockey and mail completed application for to:
Complete Hockey, 708 Teri Ln, Yorkville, IL 60560

For more info contact Larry Pedrie at 630-440-7595, or go to www.complete-hockey.com

Enrollment Agreement & Release

In consideration to my enrollment and participation in the Complete Hockey (hereinafter referred to as CH) JUST DEFENSEMEN hockey camp, I hereby release and discharge CH, together with their agents, employees, officers, owners, volunteers, and all other participants forward on behalf of myself, my children, my parents, my heirs, and assigns as follows:

1. I acknowledge that the sport of hockey involves known and unknown risks which could result in physical or emotional injury, paralysis, death, or damage to participants, to myself, to property, or to third parties, and that such risks simply cannot be eliminated. To that end, I further acknowledge that CH is not responsible for a participant's fitness, abilities, or the equipment being used.
2. I acknowledge and agree to accept and assume any and all of the risks attendant to this activity. My child's participation in this activity is purely voluntary and I elect to participate notwithstanding the risks.
3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless CH from any and all claims, demands, or causes of action which are in any way connected with my child's participation in this activity or my use of CH equipment or facilities whether "on" or "off" the ice, including any claims which allege negligent acts or omissions on the part of CH.
4. In the event CH, or anyone acting on their behalf, is required to incur attorney's fees and costs to enforce this agreement, I agree to indemnify and hold harmless for all such fees and costs.
5. I certify that my child has adequate insurance coverage for any injury or damage I may cause or suffer while participating, and I agree to bear any and all costs of such injury or damage. I further certify that my child has no medical or physical conditions which could interfere with my safety in this activity, and I am willing to assume all risks and costs that may result, directly or indirectly, from any such condition.

By signing this document, I acknowledge that if anyone is hurt or property is damaged during my child's participation in this activity, I have waived my rights to maintain a lawsuit against CH. I have had sufficient opportunity to read this entire document. I understand it and I agree to be bound by its terms.

Date _____

Participant's Name (printed) _____

Participant's Signature _____

Parent's Signature _____